

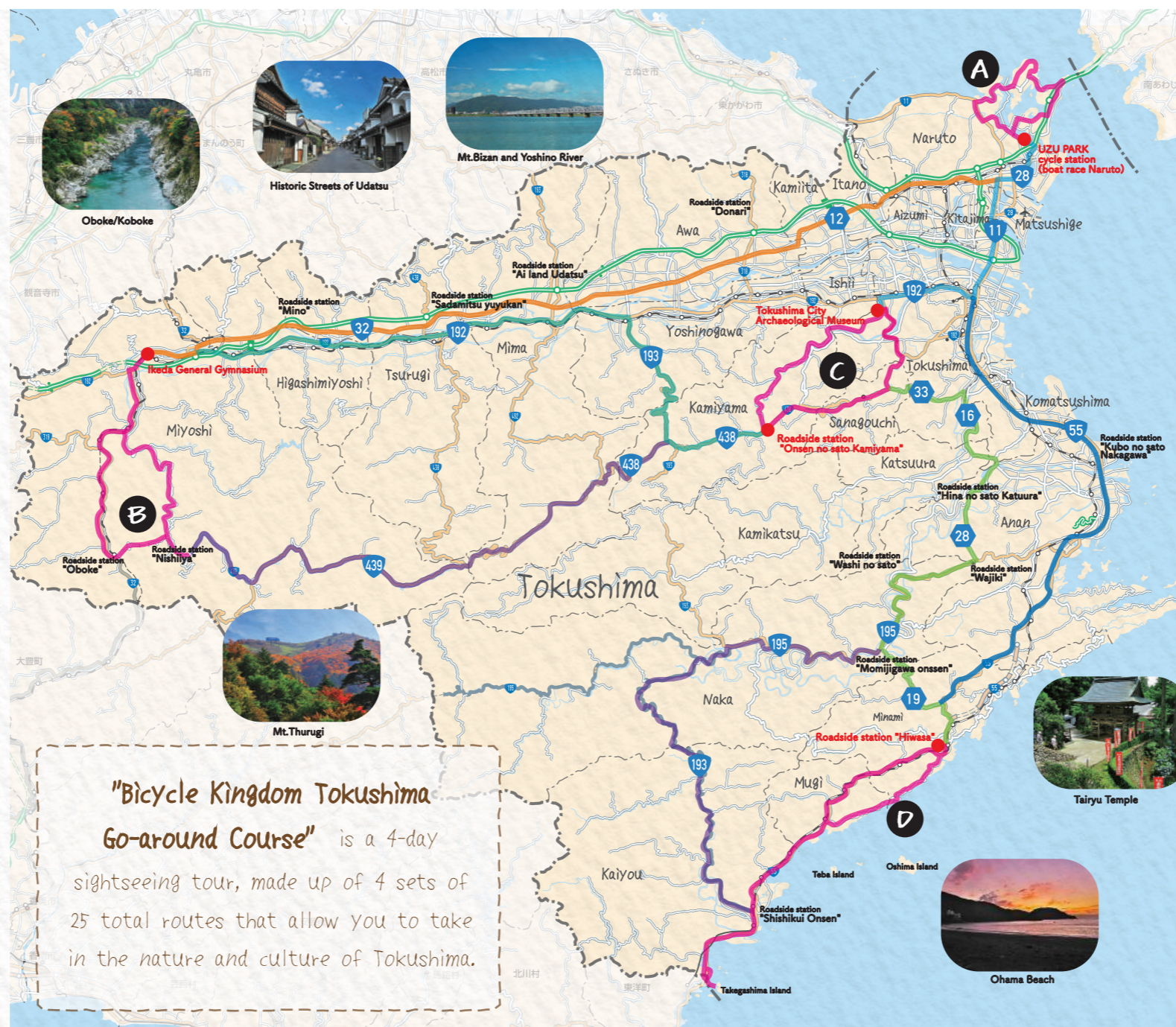
Bicycle Kingdom Tokushima Go-around Course



Tokushima is rich with nature,
with beautiful scenery that
changes with the seasons.

Try out one of these
recommended routes and take
your favorite bike out
for a ride!

Shiwa shiwa Hashiriyo Awano Michi



"Bicycle Kingdom Tokushima
Go-around Course" is a 4-day
sightseeing tour, made up of 4 sets of
25 total routes that allow you to take
in the nature and culture of Tokushima.

Recommended Connecting Routes

A ⇄ B **Naruto-Ikeda City Tour Route**

Total Distance 85.7km
Elevation Gain 353m

28 National Highway No.28 → 12 Prefectural Route 12 (Naruike Line)
→ 32 National Highway No.32

B ⇄ C **Yoshino River-Hotaru no Sato (Firefly Village) Tour Route**

Total Distance 76.3km
Elevation Gain 980m

32 National Highway No.32 → 192 National Highway No.192
→ 193 National Highway No.193 → 438 National Highway No.438

For Advanced Cyclists **Okuiya-Tsurugi Mountain Route**

Total Distance 85.8km
Elevation Gain 1688m

439 National Highway No.439 → 438 National Highway No.438

A ⇄ C **Tokushima City Center Route**

Total Distance 26.9km
Elevation Gain 51m

28 National Highway No.28 → 11 National Highway No.11
→ 192 National Highway No.192

A ⇄ D **Naruto-Anan Bypass Route**

Total Distance 71.2km
Elevation Gain 348m

28 National Highway No.28 → 11 National Highway No.11
→ 55 National Highway No.55

C ⇄ D **Across Katsuura and Naka route**

Total Distance 75.6km
Elevation Gain 653m

33 Prefectural Route 33 → 16 Prefectural Route 16 →
28 Prefectural Route 28 → 195 National Highway No.195 → 19 Prefectural Route 19

For Advanced Cyclists **Over the Mountain Passes (Kirigoe Pass & J unideshi Pass) Route**

Total Distance 70.9km
Elevation Gain 1179m

195 National Highway No.195 → 193 National Highway No.193

Useful Information for Cyclists

Information on hotels that have bike
storage and free gifts for cyclists.

Please contact each hotel directly for details.

- Business Hotel Awaikeda**
- 3159-2 Ueno Ikeda-cho, Miyoshi ☎ 0883-72-1010
- Hotel Eleven (at Awa-ikeda Station)**
- 1835-1 Sarada Ikeda-cho, Miyoshi ☎ 0883-72-8115
- ♥ Free picnic tarp rental
- New Iya Onsen in Hotel Kazurabashi**
- 33-1 Nishiiya-yamamura -zentoku, Miyoshi ☎ 0883-87-2171
- ♥ 10% off bathing fee
- Century Plaza Hotel**
- 1-46-1 Minamishowa-cho, Tokushima ☎ 088-655-3333
- Hotel Sunshine Tokushima**
- 2-9 Minamidekijima-cho, Tokushima ☎ 088-622-2333
- ♥ 1 free bottle of Sports Drink
- Naruto Park Hills Hotel Ridge**
- 1-1, Nakayama, Oshimada, Seto-cho, Naruto ☎ 088-688-1212
- ♥ Free Otani pottery traditional teacup
- Hotel Sun Route Tokushima**
- 1-5-1 Motomachi, Tokushima ☎ 088-653-8111
- AoAwo Naruto Resort**
- (Formerly: Renaissance Naruto Resort)
- 16-45 Oge.Tosadomariura Narutocho, Naruto ☎ 088-687-2580
- ♥ 1 free Sudachi citrus juice
- Pension Shishikui**
- 84-18, Furuthuki, Shishikuiura, Kaiyo-cho ☎ 0884-76-2130
- ♥ Free air pump rental and 1 free sports drink
- Bayside Hotel Ryugu**
- 92-2,Kouda,Tachibana-cho,Anan ☎ 0884-27-2027
- Momiji River Onsen**
- 4-7, Nishinono, Okubo, Naka-cho ☎ 0884-62-1171

- You can keep your bike in your room.
- You can keep your bike in the hotel lobby, store room ,or bike shed.
- Free gift for cyclists.

* As of October 2018

Check this website for
cyclist information
such as routes, lodging,
and events.

Here is a convenient way
to find tourist
destinations!

**Bicycle Kingdom
TOKUSHIMA**

**Tourism information site
of Tokushima prefecture
Awa-navi**

<http://www.tokusupo.net/bicycle/>

<https://www.awanavi.jp/>

Inquiries:
Tokushima Prefectural Government
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Sports and Culture Bureau Sports Promotion Division
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